

## Your first tournament

Once you have started hitting the target more often than you miss, you will probably want to test your skills in a more competitive environment!

Whether it is a local club shoot, or a more formal competition that attracts you, there are plenty of indoor and outdoor tournaments that
 take place throughout the year to suit all abilities and ages.

Every archer remembers their first tournament, and as well as helping you improve and compete against others, they are an excellent way to socialise, meet other archers and have fun.

This guide prepares you to compete in target archery.

## Scoring Methods

In target archery there are two scoring methods, 5 Zone ('GNAS') and 10 Zone ('World Archery'). Both methods use the same target face but have different scoring zones.

In both scoring methods an arrow that is touching a line separating zones (a 'line cutter'), scores the value of the higher scoring zone.

World Archery is the international governing body of archery, which is also known as FITA. The World Archery Rules of Shooting can be downloaded from www.archery.org

Archery GB is the national governing body of archery, which is the trading name of the Grand National Archery Society, or GNAS. The Archery GB Rules of Shooting can be downloaded from www.archerygb.org


5 Zone: GNAS (imperial)
Scoring by colours
GNAS Rounds


10 Zone: World Archery (metric) Scoring by inner and outer rings World Archery Rounds

The target is divided into 5 coloured scoring zones and points (9, 7, 5, 3, 1) are allocted depending on which colour the arrow lands in. This method is used for GNAS rounds using imperial distances, i.e. distances measured in yards.

The target is divided into 10 scoring zones, whereby each coloured area is split into two parts, the inner and outer ring. This method is used for World Archery rounds using metric distances, i.e. distances measured in metres, and for most indoor rounds.

## Using a Score Sheet

Scores are recorded on a score sheet with the highest scoring arrow recorded first, for example " $9-7-1$ ". An arrow that does not score is called a miss and is marked ' $M$ ' on the score sheet.

Outdoor arrows are shot in 'ends' of six or three arrows (depending on the round or distance being shot). Once all arrows have been scored they can be removed from the target face. Once the arrows have been removed, no alterations to the score sheet may be made

Indoor arrows are generally shot in groups of three with every six arrows shot being called an end.


Score sheet: On World Archery Rounds, instead of a 'hits' column you may have a 10s and a 10+Xs columns

## Rounds

Competition is organised so that you shoot a set number of arrows at specified distances, at a specified size of target face, this is known as a 'round'. For example:

A New Western round consists of shooting:

- 4 dozen arrows at 100 yards
- and 4 dozen arrows at 80 yards
- on a 122 cm target face

Full details of all the Rounds, distances, number of arrows and face size can be found in
Archery GB's Rules of Shooting.

A Junior Western round consists of shooting:

- 4 dozen arrows at 40 yards
- and 4 dozen arrows at 30 yards
- on a 122 cm target face

There are a great number of different rounds, of varying distances and number of arrows. This can be a little confusing to begin with, but you will soon get used to them. Your club coach or fellow members will help you choose a round suitable for you.

The types of rounds are split into GNAS and World Archery Rounds.
GNAS Rounds (imperial): These traditional British rounds tend to use 5 Zone scoring and are governed by the GNAS Rules of Shooting. Most people find these more relaxed and are often the first tournaments that archers enter. These rounds fall into 'families', which are a
group of different rounds that take place on the same field, at the same time, and have the same number of arrows, however with different distances. This means that you can choose the round that best suits your ability, age and gender.

You can choose whichever round you prefer and it doesn't matter if you shoot a round that is for a different age group, gender or if as an adult you want

Example family of rounds: New Western
Long Western
Western
Short Western
Junior Western
Short Junior Western to shoot a junior round (although you may not be eligible for any competition awards).

World Archery Rounds (metric): These are rounds shot using the World Archery Rules of Shooting, and use 10 Zone scoring. These rounds are shot all over the world and some are used at the Olympics and World Championships.

These are a little more formal as there are stricter regulations, such as timings, but are straight forward to adapt to.

Indoor Tournaments: At these events, everyone shoots the same distance, either:

- 30 metres, 25 metres, 18 metres, 30 yards, 25 yards, or 20 yards


## Levels of Competition

## Each Round has a level or standard attached to it.

1. World Record Status (WRS): This is the highest level of competition and is the most strictly controlled. The only Rounds that can achieve WRS are World Archery Rounds. Shooting in these tournaments gives you the opportunity to claim World, European and National Records as well as World Archery Target Awards.

These tournaments will have at least one National Judge present and will be controlled using traffic lights, whistles and occasionally count down clocks to let you know when to shoot.
2. National Record Status (RS): The rounds shot can be either GNAS or World Archery. At these events you have the opportunity to shoot National Record's and some of these tournaments also have Rose Award status.

These tournaments will have at least one Regional Judge present.
3. Non-Record Status (NRS): These are the most relaxed type of tournaments and are the first place many archers start to compete. GNAS or World Archery rounds can be shot. Some rules such as dress regulations are not used at Non-record Status events.

These tournaments will have a Judge in charge of them (although there is no minimum level of Judge required), or will be run by an experienced archer.

## Finding a Tournament

Any archer can enter a World Record Status, National Record Status or Non-Record Status tournament.

Most clubs will have a notice board where local competitions are advertised. All World and National Record Status Tournaments can be found in the Tournament Diary on the Archery GB website, and are also listed (along with some non-record status tournaments) in Archery UK magazine, which each member receives quarterly.

Other places to look are on Regional, County and club
 websites. Some clubs have established Tournament Diaries on their websites which list tournaments of varying level all around the country.

Once you have chosen your tournament, you need to read and complete the entry form, and return this with your tournament fee to the organiser. Some clubs will also help make your entry by entering members into tournaments en mass. If your club does this, make sure you see the entry form as this will tell you vital information, such as what level/status the tournament is, start time and location etc.

## Preparing for the Tournament

Packing for a competition is a bit like packing for a holiday! Here is a list of shooting and personal equipment you will need, and some handy suggestions for when you start to compete more regularly.

1. Bow
2. Arrows: Take a minimum of 8 including spares. All arrows must be nocked and fletched in the same way and must have your name or initials on the shaft to identify them.
3. Spare nocks: The nock is most susceptible to damage on an arrow, so make sure you have some spares that match the nocks already on your arrows. Some archers also take spare nocks in a different colour, just in case another archer shooting on the same target to them, has similar colour fletches and nocks.
4. Spare string: Make sure your spare string has been 'shot in' and has the nocking place in the same place as your current string.
5. Spare tab/release aid: Just in case your current one breaks, you drop it and cannot find it or leave it in the tea tent!
6. Bow stand: You will need somewhere to leave your bow when collecting arrows and the floor is not the best place!
7. Allen keys: Always handy to have a set in imperial and metric sizes.
8. Towel: A small hand or bar towel is always a good idea so you can wipe your bow and handle down if it rains, or to wipe your arrows if you happen to miss the target.
9. Scoring equipment: Including pens, calculator, arrow puller and score pad. There are also a large range of apps available to help you score. (Remember that phones need to be kept on silent).
10. Other: Over time you will collect all sorts of useful pieces in your bow case, such as screwdrivers, spare fletches, glue, scissors, floss, razor blade, pliers, arrow puller.
11. Shoes: You need to wear footwear that covers the entire foot and it must be worn all the time whilst on the field, so no sandals or crocs. You will be on your feet all day and doing a lot of walking, so make sure they are comfortable and if possible waterproof.
12. Dress regulations: For Record Status events the dress regulations have to be followed. This is set out in the Rules of Shooting and generally means:

- Tops that cover the front and back of the body (i.e. not strapless)
- Any colour clothing, except for blue denim, olive drab and camouflage patterns
- Plain or archery related clothing


13. Wet weather clothes: including waterproof clothing and shoes. Make sure loose sleeves are taped up so not to get in the way of the string.
14. Hat, sunglasses, sun cream: Try shooting with your hat and sunglasses on before the tournament to make sure they don't get in the way of the string or affect your vision.
15. Tent or shelter: Small pop up tents provide shelter to you and your equipment.
16. Chair: A camping chair is ideal to use at break times. Not all indoor venues have seating
17. Umbrella: particularly helpful to keep the rain of your score sheet.
18. Food and Drink: Tournaments venues often provide catering, or at least tea and coffee, however as you are out all day, make sure you stay hydrated and can get an energy boost.
19. Binoculars: For when your start shooting the long distances!
20. Archery GB membership card: Only Archery GB members are eligible to shoot in affiliated tournaments.

## At the Tournament

Arrival: Aim to arrive one hour before the start of the event. This will give you time to find out where you are shooting, set up your equipment, and meet your fellow archers.

Registration: When you arrive the first thing to do is to find the 'booking in tent', tell the organiser who you are, and they will then check your Archery GB Membership card and

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& \text { Judges are there to help and will } \\
& \text { be more than happy to answer } \\
& \text { any questions you have at a } \\
& \text { tournament }
\end{aligned}
$$ confirm which target you are shooting on.

Equipment set up: You can then set your equipment up. If you have a tent or a shelter make sure you set it up behind the tent line. There will normally be two lines marked behind the shooting line, the first is the waiting line, the second is the tent line. Be considerate of others and make sure there is room for people to pass between the tents. You can then put your bow between the waiting line and the tent line.

Introductions: Introduce yourself to your fellow archers and if possible decide whether you want to score or pull the arrows. For your first few shoots you might want to just help pull the arrows and observe the scoring until you feel confident. Most archers are very friendly and will happily guide you through your first few tournaments. If you do happen to come across someone who seems unfriendly, don't worry, some people are very focused and don't like to chat during the tournament, so don't take it personally.

This is also a good time to sort out where you are going to stand, put foot markers down and to sort out where people want to place their telescopes. The normal positions on the line when shooting two details, are $A$ and $B$ in the first detail, then $C$ and $D$ in the second. However, if you all agree you can change your shooting position. If there is only one detail then the three of you will be on the line at once.

Assembly: Just before shooting starts there will be an assembly, the time of this is normally on the entry form, so just before this time, make sure you have done your warm up exercises and are ready to shoot!

When it is time for assembly the Judge or organiser will call you all to gather, usually signalled by a whistle and you meet towards the middle of the field. The organiser will introduce themselves, the Judges and any invited guests before going through the practicalities of the tournament. The Judge will briefly describe the important rules for the tournament, such as is whether it is 5 or 10 Zone scoring, how many 'sighters' or practice arrows you have etc.

Start: You will start shooting after the assembly has finished. If you have any questions or are unsure of anything, ask the Judge, and they will be more than happy to answer your questions.

## Starting the Tournament

Preparation: You will start with either sighters or practice arrows, before scoring begins.

- Sighters: These are shot at GNAS rounds. Usually consists of outdoors - 1 end of 6 arrows, and indoors -2 ends of 3 arrows. This is the only chance you will have to warm up during the tournament. If you decide to shoot two sessions of an indoor GNAS tournament you will only be able to have sighters at the first session
- Practice: These are shot at World Archery Rounds. You will get approximately 45 minutes of practice which tends to be 3 ends if shooting in two details outdoors; or if indoors 2 ends of practice. During practice you can shot as many arrows as you want. This is the only chance you will have to warm up during the tournament. If you decide to shoot 2 sessions of an indoor World Archery tournament you will be able to have practice before both sessions.

Scoring: Once everyone has shot their end, there will be 3 blasts on the whistle to indicate that the archers can go
 forward to score and collect their arrows.

- Only archers are able to walk to the targets. If someone else wants to walk to the targets they must ask the Judge's permission first.
- Make sure you do not touch the target face until all the scoring has been completed, otherwise any line cutters will be scored at the lowest value.
- All the archers should gather in front of their target first before going to look for missing arrows yet. The person who is doing the scoring will then call the name of the first archer on the score sheet.
- Scores should be called out in groups of three, starting with the highest score, so for example 9, 9, 7 pause 5, 5, 3. The scorer should call back what you have said to confirm it.
- When you call your arrows, make sure you indicate to them, but do not touch them. If the shaft of the arrow is touching a dividing line between two scores (a line cutter), then it scores the highest score. If you don't agree on a line cutter, the say so, no one will mind. A Judge is called who will look at it with a magnifying glass and give a final decision.
- If you make a mistake when calling out your arrows or they are written down incorrectly, then call for a Judge who will come and ask for the scores to be recalled and then correct the score sheet, do not alter it yourself. (You can alter the adding up yourself, just not the actual arrow values).
- You may also want to record your score in your own score pad for future reference and also to help you double check the scorers adding up.
- The score sheet will probably be passed between a couple of archers, as the scorer is not allowed to record their own scores. Alternatively, there may be two identical score sheets with two people doing the scoring (double scoring).
- Once everyone on the target has scored then the arrows can be pulled and any missed arrows can be picked up from behind the target.
- Help your target companions pull the arrows and look for any lost arrows. If it is a World Archery round then
 the arrow holes will need to have a small mark put against them in case of bouncers or 'pass-throughs'.

Equipment Failures: If you are unlucky enough to have an equipment failure, then let a Judge know straight away. If you are on the shooting line, then step back from the line and attract the Judges attention. The Judge will then come over and help you with the situation, and then once you have fixed the problem they will explain how to make up any arrows that have not been shot whilst you were repairing the problem. You cannot re-shoot any arrows that have been shot, even if they were a bad shot due to the equipment failure.

Bouncers: Don't be concerned if you have a bouncer, just stop shooting and call a Judge, who will talk you through what needs to be done.

- GNAS Round - Finish shooting the rest of your arrows, then step off the line and attract the attention of the Judge. The Judge will then come over to you and ask for a spare arrow, which they will then mark or identify in some way. Once everyone on your target has finished shooting then you can go and shoot this arrow. The Judge will then walk to the target with you when you go to score, and check that the arrow was in fact a bouncer. If it was not actually a bouncer then the score of the extra arrow is ignored, if the bouncer bounced off another arrow then you get the score of that arrow and the extra arrow is ignored, and if it is a proper bouncer then you score the value of the extra arrow.
- World Archery Round - Stop shooting straight away and stop anyone else shooting on the same target as well. Step back from the line and attract the Judges attention. The Judge will then ask you how many arrows you have left to shoot. Once everyone else has finished shooting the Judges will stop the shoot and you and the Judge will walk to the target. Once the Judge has checked the arrow is a bouncer they will then look for an unmarked hole. You will score the value of the unmarked hole that the bouncer
made. If there is more than one unmarked hole you score the value of the lowest unmarked hole, and if the arrow bounced off another arrow then you score the value of that arrow. You will then return to the line and shoot your remaining arrows. The Judge will then come with you to assist with the scoring.


## Photographs

You are allowed to take photographs, but tournaments do have a photographer register which you will need to complete. If you are taking photos, then make sure the flash is turned off, and don't go in front of the waiting line unless you have asked the Judge's permission.

## Etiquette

- Avoid causing distractions on the shooting line. Do not walk on or off the line when someone is at full draw and try not to make any comments whilst on the shooting line, even if you miss.
- If your arrow seems to have passed through the boss or is hanging down the front of the target face then stop everyone on your target shooting and attract the attention of a Judge who will guide you through what to do.

- Broken arrows can sometime cause problems. If you hit another arrow in the target, or if you step on a missed arrow that is buried under ground and break it, it is an accident and you are not expected to pay for a replacement. But if you break someone's arrow by being careless, such as not looking where you are going, then the polite thing to do is offer to replace it for the archer.
- Do not touch anyone else's bow or equipment without permission.
- When waiting behind the waiting line don't start talking loudly to anyone.
- Make sure your mobile phone is turned off or onto silent.
- If the targets need moving during the tournament, then offer your help to do this. But don't try and do it alone.
- If you have any problems, or are unsure of what to do then ask a fellow archer or a Judge. The Judges are there to help and to try and make sure you have the best day possible.


## Finishing the Tournament

At the end of the tournament you will be asked to check your score sheet carefully. Make sure that all the adding up is correct, and complete all the total boxes, including the number of 'hits' and 'golds'. Once you are happy with it, sign it. You will get the score that you sign for.

You can then pack away your equipment. You may want to leave your seat out so you have somewhere to sit during the presentation. If you think you are eligible for a World Archery or GNAS award, then ask the Organiser for a claim form.

## Awards

Competition Awards: Most tournaments have their own medals, trophies or certificates and details of these can be found on the entry form. Normally the tournament will award 1st, 2nd and 3rd, depending on the number of entries in each category.

They may also be additional prizes, for example best gold or worst white. The best gold and worst white will usually be judged on one random end of shooting and you won't know which end until you have shot it!

Six Gold End Awards: The Six Gold End Badge is an Archery GB award given to people who get six golds at one of the two longest shooting distances. For example, for men it is achievable at 100 yards, 80 yards, 90 metres or 70 metres. (There is also a Three Gold End Award which is available to Longbow archers at the same distance). If you get a Six (or Three) Gold End, then ask the Organiser for a claim form, complete it and send it to the Archery GB Membership Services office.

Archery GB Rose Awards: These can only be claimed for York, Hereford, or Bristol tournaments rounds, which have 'Rose Status' as indicated on the entry form. Rose Awards are used for shooting certain scores(for recurve and compound archers), and range from:

- White level for a score over 800 / Purple level for a score over 1250

You need to achieve the score shooting the round that is appropriate to your age and gender. If you achieve a score complete the claim form with the Organiser, who will submit it to Archery GB on your behalf with a copy of the score sheet and the tournament results.

FITA Star Awards: As with Rose Awards these are awarded for shooting a certain score at World Record Status tournaments. They are achievable for recurve, compound, senior, master or cadet rounds. Full details of the scores can be found in the World Archery Rules of Shooting

For FITA Star rounds they range from:

- White level for a score of 1000 / Purple level for a score of 1400


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